

We use a combination of sun protection measures from September to the end of April and whenever UV levels reach 3 and above, the level that can damage skin and eyes.

#### Shade

- Shaded areas are provided in our school including some play areas
- The availability of shade is considered when planning excursions and all other outdoor activities
- Students are encouraged to use available areas of shade when outside
- Students who do not have appropriate hats or outdoor clothing are asked to play in the shade or a suitable area protected from the sun

#### Clothing

- Sun protective clothing is included in our school uniform / dress code. School clothing is cool, loose fitting and made of densely woven fabric

#### Hats

- All students and staff are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside. **Baseball or peak caps are not considered a suitable alternative.**

#### Sunglasses [OPTIONAL]

- Students and staff are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard

#### Sunscreen

- The school supplies SPF 30+ broad spectrum, water resistant sunscreen for staff and student's use
- Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if outdoors
- Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies)

A balance of ultraviolet radiation (UV) exposure is important for health. Too much of the sun's UV can cause sunburn, skin and eye damage and skin cancer. Sun exposure in the first 10 years of life is a major factor in determining future skin cancer risk. Too little UV from the sun can lead to low vitamin D levels. Vitamin D is essential for healthy bones and muscles, and for general health.

#### Objectives

This Hat Policy has been developed to:

- Ensure all students and staff have some UV exposure for vitamin D
- Encourage the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above
- Work towards a safe school environment that provides shade for students, staff and the school community at appropriate times
- Assist students to be responsible for their own sun protection
- Ensure that families and new staff are informed of the school's SunSmart policy

This policy was created from the SunSmart Australia recommendations for schools

Updated April 2014

#### **Principal – Mr Paul Haenen**

Winkie Primary School  
Winkie Rd /PO Box 116  
WINKIE SA 5343  
Phone: (08) 85832285  
Fax: (08) 85832120  
Email: dl.0486.info@schools.sa.edu.au

J:\School Info\Policies\SunSmart Policy\Sunsmart policy.docx

# Winkie Primary School SunSmart Policy



Our values are:

- Be Respectful
- Be Safe
- Do our Best



This policy applies to all school events on and off site.

## At Winkie Primary we wear SunSmart Hats from the start of September to the end of April

For this reason the following apply

Children cannot choose to not have a hat at school as they need to participate in educational activities outdoors

Between April and September the SRC will enforce the wearing of hats if the UV level is 3 or higher

Failure to adhere to this policy, by students, will be considered defiance and treated according to our Behaviour Policy

Students not wearing a hat will have to sit in the shade structure near the toilets during recess and lunch

Navy blue wide brim or bucket hats are the only hats to be worn at school

If a hat is lost then the parent/caregiver will need to purchase an appropriate new hat

Students will be provided with one school hat for the year

Students will need their hat at school every day of the year